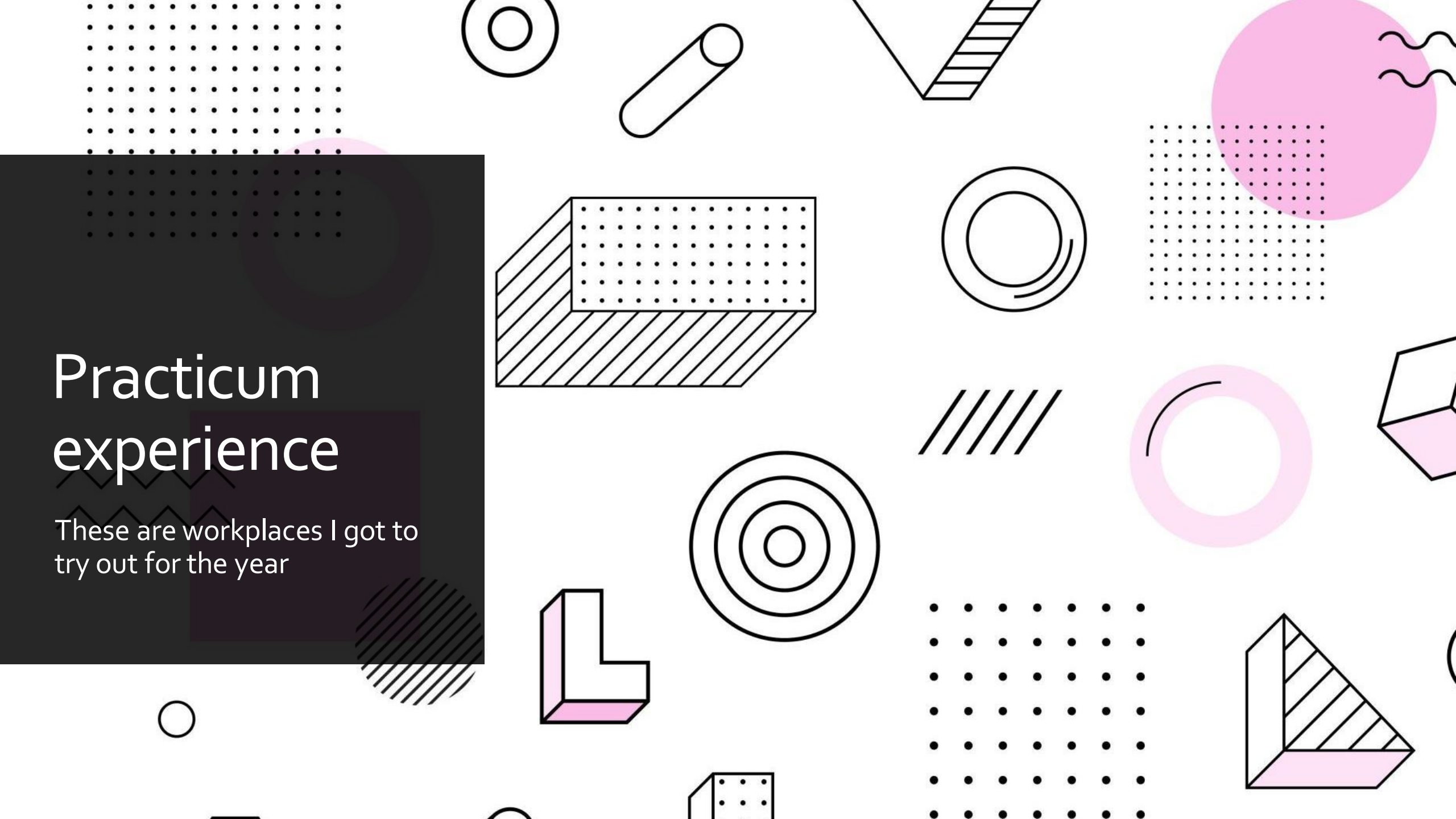



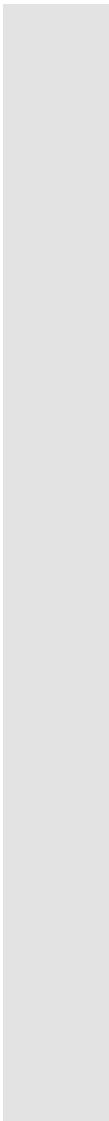
Practicum experience

These are workplaces I got to
try out for the year





Mount Paul food community center

- At the Mount Paul food community center, we were tasked with
 - Deposed waste and put out for truck.
 - Cleaned the dishes in a professional environment.
 - Closed the kitchen down for the day.
 - Washed and sanitized food bins.
 - Set up for lunch service by setting up tables.
 - Disassembling dining area.
 - Maintained dining area.
- 

Food bank

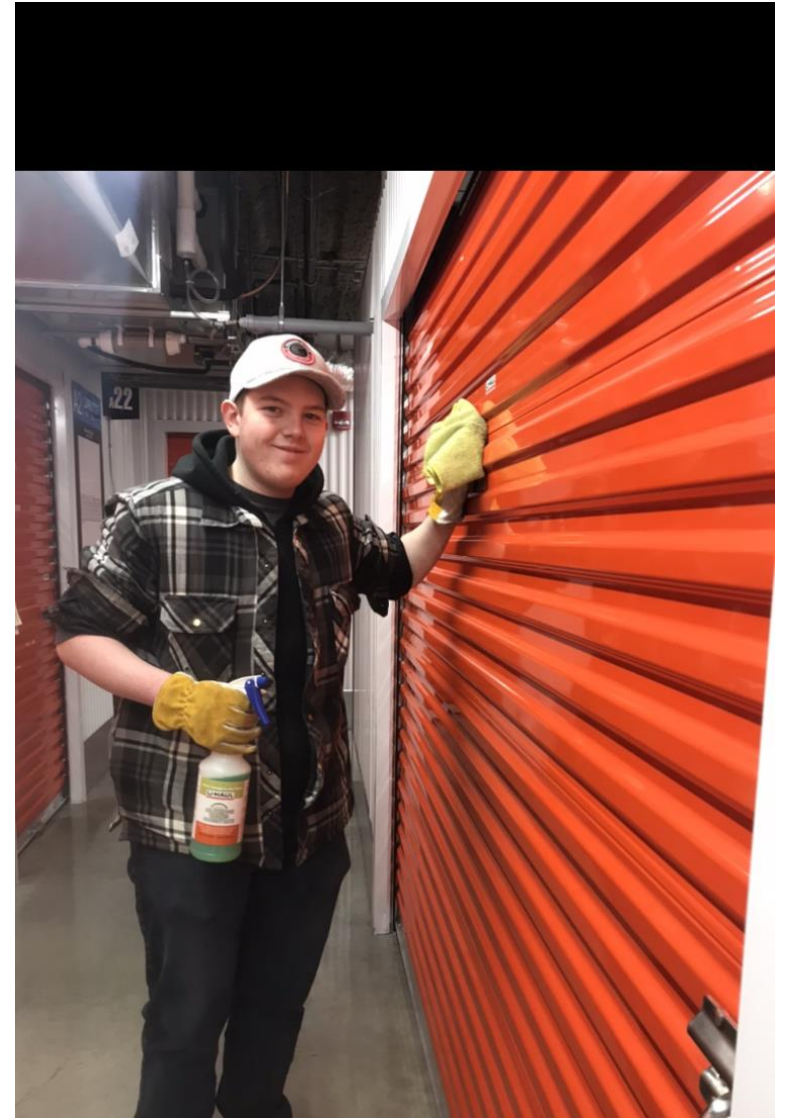
At the food bank, we were tasked with

- Made single and family hampers for those who need food
- Restocked food as needed

U-Haul

At the U-Haul, we were tasked with

- Maintained facility by cleaning bathrooms, floors, storage locker doors.
- Checked up on vehicles to make sure they are road worthy



Kamloops United Church

At the Kamloops United Church, we were tasked with

- Refurbishing old chars by taking them apart and replacing old padding with new padding

Home Hardware

At the Home Hardware, we were tasked with

Sweeping the warehouse and clean up any debris

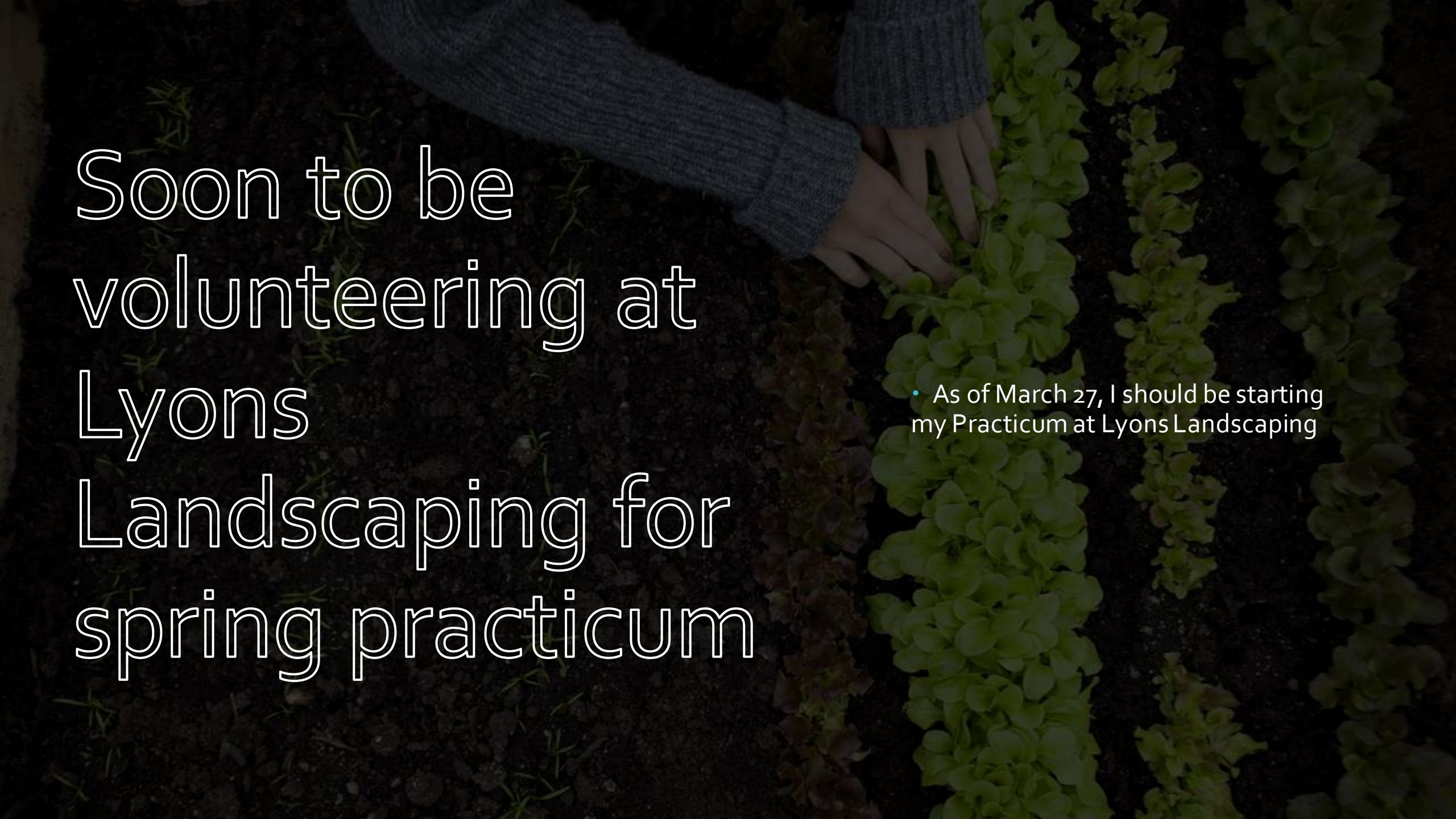
Help customers load vehicle with product



Occupational First Aid Level 1

At Occupational First Aid Level 1

- I got to learn how to do CPR
- How to assess a situation when First Aid is needed and check for injury safely

A person wearing a grey sweater is shown from the waist down, kneeling in a garden bed. They are planting small, green, leafy plants in rows. The ground is dark and appears to be soil or mulch. The background is dark and out of focus.

Soon to be volunteering at Lyons Landscaping for spring practicum

- As of March 27, I should be starting my Practicum at Lyons Landscaping